



Barcroft News

January 2007

Vol 104, Issue 5

President's Report

by Pat Williamson

Here's cheering for a wonderful New Year for all. 2006 saw so many accomplishments in Barcroft. Can't wait until the Taylor Street traffic calming project is completed.

Our 2006 Holiday Party was a delightful event. Musicians played our favorite songs as we all sang along. The "Grinch" was a first-rate performance and even the magical Santa paid a visit. Thanks to everyone who made this party such a great success.

Join us on Thursday, January 4, at 7:30 pm, for the regular monthly meeting of the BSCL. We plan to distribute the NCAC surveys to block captains and make our plans. See Randy Swart's detailed article about the survey in this issue.

Thanks to all the Barcrofters who worked so hard all year long on a myriad of committees, projects, parties, parades and good deeds. It was a great year and next will be even better.

The Famous BARCROFT SPAGHETTI DINNER

Sunday, January 28th, 2007
5:00 PM—7:00 PM

Don't miss this tasty tradition.
Celebrate your (or your neighbor's) Italian roots.
Satisfy your hunger.
Come in out of the cold.

Vegetarian available. Take Out Orders available.

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Deadlines: 10th (ads) or 15th (news/editorial material) day of the month preceding the issue month.

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The *Barcroft News* is printed on recycled paper with vegetable-based ink by the Stanley Adams Printing Company.

Classifieds

Dick Francis (50 Books) Collection:
 \$ 45.00 Bonnie Cobos 703-521-8210

Reliable child care for one newborn needed:
 Live out, primarily weekday position to start in early to mid February. Must speak English and have own transportation. Please call Jennifer at 703-271-0326 if interested.

Nanny Position:

Caregiver wanted for one child (3 years old). 4 or 5 days a week (28 to 32 hours) - noon to 7pm Mon-Thurs; noon to 4pm Fri (Friday is optional). Near Bailey's/Skyline/Seminary Road; bus accessible. Bi-lingual English/Spanish is strongly preferred. Must pay taxes. Pay based on experience; local references required. Call 703-931-9489.

Gas Log Fireplace Set:

24" Paul Bunyan Gas Log Set Assembly with remote control and Trimline Satin Black Bi-Fold Doors (28 3/4 x 40) with Clear glass and Mesh Gate for sale. Paid \$1,614.53 but will sacrifice for \$500 or best offer. Call Maureen or Kevin at 703-521-3042.

Behringer Pet Care - 703-685-1071

Keep up with events by joining the Barcroft chat group and news list.

Go to:
www.bscl.org.



We welcome you to join us
For Shabbat Services
Fridays—6:30 PM
Saturdays—9:30 AM
 Call or email the office for details.

Congregation Etz Hayim

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703-671-6834 <http://stjohnsarlington.thediocese.net>

Come Celebrate Christmas with Us

Sunday, Dec. 17

5:00 p.m. Children's Christmas Pageant

6:00 p.m. Caroling in the neighborhood

Christmas Eve, Sunday, Dec. 24

5:00 p.m. Worship for all ages with traditional carols

10:30 p.m. Christmas music and caroling in the church.

11:00 p.m. Christmas Eve Festival Holy Eucharist.

Christmas Day, Monday, Dec. 25

10:00 a.m. Holy Eucharist with carols.

Come Worship with us in the New Year too

Beginning Sunday, Jan. 7, 2007

8:00 a.m. and 10:00 a.m. Worship Services. (Nursery available at 10)

9:00 a.m. Christian Education (Begins Jan. 7, Nursery available)

All Are Welcome!

Conservation Plan

NEIGHBORHOOD CONSERVATION PLAN BLOCK CAPTIONS:

Our January meeting will be short and devoted to passing out Neighborhood Conservation Questionnaires to our Block Captains. All Block Captain volunteers please attend! We will assign blocks and give you your questionnaires to be distributed and collected during the month of January.

EVERYONE'S INPUT IS NEEDED:

The questionnaires ask for your opinion on a number of neighborhood issues and options. They will be the basis for writing a new Neighborhood Conservation Plan listing what we want done in Barcroft in coming years, including our attitudes on street improvements, Columbia Pike, infill houses and more.

If you can't make it to the meeting but want to be a Block Captain, please email or call Randy Swart 703-521-2080 or randy@BSCL.org

Snow Brigade

Snow is probably coming despite global warming. We will have two County snow blowers to use for clearing walks to Metrobus, for those who cannot clear their own, and of course our Community House.

If you are unable to clear your own walk and would like to be included on the Snow Brigade route please call Randy at 703 521 2080 or e-mail randy@bscl.org.

If you would like to volunteer please email Jim Kerr for the west side of the neighborhood (jim@bscl.org) or Randy Swart for the east side (randy@bscl.org).

IT'S NOT TOO LATE

... to become a member of BSCL.

Check the Current Membership List on our BSCL web-page (BSCL.org).

If your name isn't there, print the Membership Form, and send in your dues. Everything you need to know is on the form.

Flying South this Winter?!

As of January 23, 2007, all persons, including U.S. citizens, traveling by air to Canada, Central and South America, Mexico, and the Caribbean will be required to present a valid passport to re-enter the country. A valid driver's license will no longer suffice for re-entry documentation.

If you are planning on traveling out of the country next year, apply for a passport, or check your cur-

rent passport to ensure it is still valid. It can take up to six weeks to process a new one, so plan ahead.

For more information please visit the U.S. State Department web site at:

http://travel.state.gov/travel/cbpmc/cbpmc_2223.html.

Free! Yoga Class

Wednesday January 10, 2007, 10:00–11:15 am
 Barcroft Community House, 800 S. Buchanan St.

YOGA FLOW is a dynamic yoga practice conducted in a vinyasa style -- a flowing sequence of movements consciously linked by the breath. Participants nurture mindfulness, gain strength and flexibility, and enhance overall wellbeing. A vinyasa practice is challenging to the body and the mind. Come discover the many benefits of this style of yoga practice. (Bring your yoga mat.)

First eight-week session begins Jan. 17 to Mar. 7: Wednesdays, 10:00-11:15 a.m. Full session advance registration: \$100. Drop-in: \$15 per class. Instructor Info: Barcroft resident, Sabrina Huffman, has over 15 years of experience teaching a wide variety of group wellness classes. She holds certifications from Yoga Alliance and the American Council on Exercise.

Questions? sabrinahuffman@mac.com.



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NEIGHBORHOOD SCHOOL NEWS
Barcroft Elementary School

Barcroft students won notice in every category in this year's Reflections Program, a creative competition for elementary school students. The categories include Literature, Music, Photography and Visual Arts. The community is very proud of all of the students who participated. Special thanks to Barcroft teachers and parents. Without their encouragement, our children wouldn't have had the chance to shine!

Kenmore Middle School

Mary Stump, librarian and Mary Kenely, reading specialist hosted a family literacy night at Kenmore in early November. Miguel Ley, assistant principal at Carlin Springs and Randolph was the guest speaker. He spoke about his experiences as a Cuban immigrant. During the program students from Dorothy Lydon's drama class presented "How Many Days to America?" Students from Rai Faison's beginning piano class also performed.

Wakefield High School

Have you been reading great things about Wakefield everywhere you look? Here is what Jay Matthews, education reporter for *The Washington Post* wrote recently, "I think Wakefield is one of the best schools in the country, and a \$25,000 College Board award this year backs me up. ... Wakefield has found new ways to engage students from low-income homes. Its principal Doris Jackson has organized a system for getting more students into challenging courses when they arrive in ninth grade and keeping them focused on learning with study seminars, summer sessions and even social clubs." This is from one of several articles lately reporting on Wakefield's high challenge index rating.

Money Talk: A Financial Course for Women

Women have unique financial needs. Most will at some time be on their own financially. Some will never marry, some will see their marriages end in divorce, and others will outlive their husbands.

This course will provide you with information that you need to take charge of your financial future. The course includes five classes:

January 16 Financial Basics

January 23 Insurance Basics

January 30 Investing Basics

February 6 Investing for Retirement

February 13 Planning for Future Life Events

All classes will be held 7:00-9:00 p.m. in the auditorium at the Arlington Central Library, 1015 N Quincy Street. Cost: \$20 (for the accompanying textbook).

To register call (703) 228-6417. This program is sponsored by Virginia Cooperative Extension and the Arlington Dept. of Libraries.



For more information, please call us at (703) 979 - 3016



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Teen Happenings in Arlington

Is there a teenager in your house wishing they had something to do or wondering if they are missing out on some cool happening? If so, subscribe to the Arlington County teen electronic newsletter, *Teen Happenings*. To subscribe, send an email to acofficeforteens-request@list.arlingtonva.us with subscribe in the subject line and body.

Below are some samples for this month's *Teen Happenings*:

Saturday, January 6th

Pool Tournament with Live DJ!!
Thomas Jefferson Community Center
8pm-11pm \$2

Saturdays, Jan. 6,13,20,27

Skate Night
Thomas Jefferson Community Center
6:30pm-8:30pm General Family Skate
9pm-11pm Teen Skate

Saturday, January 20th

Middle/High School Indoor Soccer Tournament
Barcroft Sport & Fitness Center
High school plays 10pm-12:30am
\$20 per team
8 teams max for each level

Friday, January 26th

Teen Ski Trip
Liberty Mountain Resort in Pennsylvania.
7am-7pm.
Price ranges from \$50-\$79.
Bus will leave and return to Lubber Run Center.

Friday, January 26th—Arlington teens & families
Snow Tubing Trip
Liberty Mountain Resort in Pennsylvania.
\$20 includes transportation and ticket.
10am-5pm

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AIM Youth Scholarships

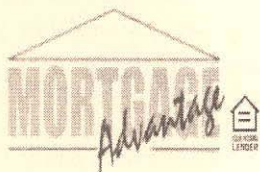
AIM, for Active, Involved, Motivated, is an incentive system created by PRCR to encourage young people (middle and high school age) to become more involved and engaged in different, appropriate leisure and recreation activities.

The Department of Parks, Recreation and Cultural Resources is pleased to announce AIM Scholarships: another way to get young people Active, Involved, and Motivated. The scholarships are designed to help middle and high school-aged youth in Arlington pay for classes, workshops, conferences, league fees, etc. The scholarship can

pay for up to 90% of registration or other fees. Applications can be submitted at any time, but it takes at least 2 weeks to process them. There is an application form for the youth and a mentor to complete on the County Web page www.arlingtonva.us (search for AIM).

The new registration forms for recreation activities includes an option to donate to this program.

For more information about the scholarships, contact Edson Bravo, at 703 228 7783 (habla español), or ebravo@arlingtonva.us.



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Community Emergency Response Team

Community Emergency Response Team Classes Scheduled for 2007

Do you want to be better prepared for emergencies in your own home? Are you interested in being part of a neighborhood team trained to help save and sustain lives following a major disaster? If so, the Arlington County Community Emergency Response Team (CERT) may be for you.

Under the guidance and sponsorship of the Arlington County Office of Emergency Management and the Citizen Corps Council - and using materials developed by the Federal Emergency Management Agency (FEMA) - interested residents undergo approximately 24 hours of training over a six-to-eight week period (six weeknights and two Saturday mornings). All courses are taught by Arlington County Fire Department and Falls Church Volunteer Fire Department personnel and topics covered include:

- disaster preparedness
- disaster medical operations
- light search and rescue
- fire suppression & utility shutoff
- team organization & management
- terrorism

The course concludes with a mock disaster/final exam where team members put into practice all they've learned. CERT members are expected to acquire certain supplies - including a green hard hat, leather gloves, crescent wrench, and whistle -- in addition to those that should already be on hand in every household. A list of supplies is provided prior to the first class.

The training is free and the only requirements are that you are an Arlington resident at least

18 years of age and able to participate in all aspects of the training, some of which may require lifting and carrying. Those who wish to become active members of their neighborhood CERT upon completion of the training will also be required to complete two self-study incident management courses and pass a criminal background check.

Four classes are scheduled for the first half of 2007. They will begin on January 11 and 16 and March 22 and 27. If you're interested in participating - or would like to learn more about CERT -- go to the County's website (www.arlingtonva.us), click on Emergency Preparedness and follow the Community Emergency Response Team (CERT) links or sent a note to the volunteer program coordinator, Cynthia L. Kellams, at ArlingtonCERT@aol.com.

Water Stewardship

Team Leader Training

Sunday, January 21, 2007, 12:30 to 4:30 p.m.
at the Jerome "Buddie" Ford Nature Center,
5700 Sanger Avenue, Alexandria.

Learn to build community and discover ways to create a water-friendly lifestyle. This exciting neighborhood-based program trains volunteers to lead teams of five to ten households. Team members choose activities from a workbook for water conservation, water quality, and community improvement. Actions taken to conserve water and protect our watershed include installing rain barrels or cisterns, fixing water leaks, making rain gardens, or installing low flow devices. Arlington residents in Ashton Heights, Ballston-Virginia Square, and Arlington Heights have already taken part in this unique program to protect local water resources. Call 703-228-6406 or e-mail volunteer@arlingtonenvironment.org to receive more information or an application.

The Historic Barcroft Community House

We all know that the Barcroft Community House is an incredible asset to our community. It is a place of historical significance and a vibrant meeting place still today. The BSCL Newsletter will highlight its history and the current uses of the house this month and in coming issues.

“The Barcroft Community house was constructed in 1908 as a branch chapel of the Methodist church. It was sold in 1914 to the neighborhood civic association, the Barcroft School and Civic League. The building served as the Barcroft neighborhood public school from 1908 until 1925. It was a one-room schoolhouse until the 1913 rear addition allowed for a second schoolroom. The front porch, indoor stage and plumbing were added after 1925. The Barcroft School and Civic League continues to own and use the Community House for neighborhood activities and meetings. In 1995, the site was listed in the National Register of Historic Places.”

When you stroll by the building on Thursdays you might feel an unexplainable sense of inner peace.

Monu Harnal teaches Hatha Yoga on Thursdays for one hour on Thursday evenings. It's a Level II class. The next session begins on January 11th. If you care to stretch your mind and body in an historic neighborhood spot e-mail Monu at mhar-nal@gmail, call her at 703 851-8518 or visit her website www.Illumeyoga.com. Monu has been teaching in our community for approximately 3 years now.

She really enjoys the community house because of its historical contribution, the lighting it offers through its windows, the hard wood floors and the lovely gardens outside.

Earlier in the day is also a time for peace. Andrew Bishop, a certified healer with the United

Metaphysical Churches offers energy healing every Thursday midday from 11:00 -1:00. Spiritual healing resembles what is often called "hands-on" healing: a transfer of energy through the healer to anyone seeking wholeness of body, mind, or spirit. However, in Andrew's practice, actual touch is not used. He places his hands near a visitor's head, and it doesn't look like anything is happening. Neighbor Ann Tennebaum notes, “when I finally nerved myself to try it, a great peace came over me: deeper than a merely physical sensation, but one that spoke to my body as well.” Andrew can be reached at (703) 670-8701 or -- on Thursdays -- right here at the community house.

At the Library

Saturday, January 6, 2007, 2PM:

Central Library

Chinese New Year Celebration, The Year of the Pig.

Enjoy performances fun for the whole family.

Presented by the Asia Community Service Center.

Monday, January 22, 2007, 3-4:30 PM:

Central Library

MEET THE SPEAKER SERIES: Painting Conservation: How the National Gallery of Art Preserves its Treasures.

Bart Devolder will give an overview of the daily activities in the Painting Conservation Department at the National Gallery of Art. This program is jointly sponsored by the Arlington Learning in Retirement Institute and Arlington Public Library.

Thursday, January 25, 2007, 6:30PM:

Central Library

Cross Cultural Cinema Presents: A Peck On The Cheek

From The Film Movement Collection Of Award Winning Independent Films.



Barcroft School and Civic League
800 South Buchanan Street
Arlington, VA 22204

27 Tips to Drive Up the Sale Price of Your Home

Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life. And once you have made that decision, you'll want to sell your home for the highest price in the shortest time possible without compromising your sanity.

Before you place your home on the market, here's a way to help you to be as prepared as possible.

To assist homesellers, we have prepared a report called "*27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar*".

Through these 27 tips, you will discover how to protect and capitalize on your most important investment, reduce stress, be in control of your situation, and make the most profit possible.

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